



SHRI KRISHNA AYUSH UNIVERSITY KURUKSHETRA

(Established by the State Legislature Act No. 25 of 2017)

Umri Road, Sector-8, Kurukshetra, Haryana-136118

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No. 484

Dated: 09/06/2026

NOTIFICATION

It is notified for the general information of all concerned that the thesis titled- "AN ANALYTICAL STUDY TO ASSESS PHYSIOLOGICAL EFFECT OF MEDITATION ON NIDRA W.S.R DEHIK PRAKRITI "submitted by **Dr. Punita Sharma**, Regn.No: 22000105007 under the guidance of Prof.(Vd.) Prem Chand Mangal, as Supervisor in the subject of Kriya Sharir, Institute for Ayurved Studies & Research Faculty of Ayurved, Kurukshetra(Formerly Shri Krishna Govt. Ayurvedic College & Hospital, Kurukshetra) upon evaluation is found to be in accordance with the governing provisions of the byelaws of this university and has been approved.

Accordingly, **Dr. Punita Sharma** D/o Sh. Ganeshi Lal Sharma is duly entitled for the conferment of Ayurveda Vidyavaridhi (Ph.D. Ayurveda) in the subject of Kriya Sharir under the Faculty of Ayurved at the ensuing convocation of the university.

-Sd-

CONTROLLER OF EXAMINATIONS

Endst. No. SKAU/COE/2026/4817-4823

Dated: 09/06/2026

A Copy of the above is forwarded to the following for information and further necessary action:

1. Dean Academic Affair, SKAU, KKR
2. Dean Research, SKAU, KKR
3. Deputy Registrar, Academic Branch/ Registration Branch, SKAU, KKR
4. OSD to V.C. (for kind information of the Hon'ble Vice-Chancellor), SKAU, KKR
5. Supdt. to Registrar (for kind information of the worthy Registrar), SKAU, KKR.
6. IT Cell (for upload in the University website), SKAU, KKR

Dheta
09/06/2026
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Controller of Examinations
S.K. Ayush University
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