

NOTICE

Shri Krishna AYUSH University Kurukshetra has introduced Short Course on AYURVEDA and AAHAR (For Women) in IAS&R, SKAU, Kurukshetra.

The details of the course are as under:

Type of course - Regular (Offline mode)

Duration – Approx. Three Months

Classes- Alternate days of the week

Maximum students that can be enrolled – 30

Date of submission of Form – 27/10/25 to 31/10/25

List of selected candidates – 4/11/25 by Evening (on website)

Last day for fees submission – 11/11/25

Commencement of course – 12/11/25

Total hours 60.

Eligibility – 10th pass

Preference – First thirty candidates.(first cum first)

75% attendance compulsory

Course duration 2hrs/day on alternate days- (working days of Monday, Wednesday, Friday every week)

Timing: One Hour Theory

One Hour Yoga Practical

Fee Structure

Tuition fee Rs 3000/ For entire course (to be Submitted on University Portal)

(hard copy of the receipt to be submitted along with the form)

For more details visit the website: <http://www.skau.ac.in>

The hard copy of the form along with the required documents shall be deposited in the office of Principal, IAS&R, SKAU Kurukshetra.