

NOTICE

Shri Krishna AYUSH University Kurukshetra has introduced Short Course on AYURVEDA and AAHAR (For Women) in IAS&R, SKAU, Kurukshetra.

The details of the course are as under:

Type of course - Regular (Offline mode)

Duration – Approx. Three Months

Classes- Alternate days of the week

Maximum students that can be enrolled - 30

Last date of submission – 11/10/25

List of selected candidates – 13/10/25 Evening(on website)

Last day for fees submission – 18/10/25

Commencement of course – 27/10/25

Total hours 60.

Eligibility – 10th pass

Preference – First thirty candidates.(first cum first)

75% attendance compulsory

Course duration 2hrs/day on alternate days- (working days of Monday,Wednesday,Friday every week)

Timing: One Hour Theory

One Hour Yoga Practical

Fee Structure

Tuition fee Rs 3000/ For entire course(to be submitted on university portal)

(hard copy of the receipt to be submitted along with the form)

For more details visit the website: <http://www.skau.ac.in>